

Materials List: Get Loose Gain Confidence Workshop.

1.Paint:

I believe in making use of what you have around you so please don't go out and buy too many "special colors" if you don't already have them, we can go a long way with simple primary colors.

The techniques used in this workshop are adaptable to both oil and acrylic so please use whichever you like

Basic kit:

- White
- Red (cool or warm or both)
- Blue (cool or warm or both) (ultramarine is a good staple)
- Yellow ((cool or warm or both)

Extended kit: (I will be using these colors)

- White
- Ultramarine Blue
- Burnt Sienna
- Medium Red (cadmium medium or deep)
- Magenta or Rose Madder
- Yellow (cool or warm or both)
- Pthyo Blue or Green
- any other crazy color you have been itching to use!

2.Sketch Book/Paper:

A4 or A5 for sketching and taking notes.

Doesn't have to be high quality, we are going for productivity not preciousness ;)

3.Brushes:

At least 3 brushes, Flat (square tips), a range between 5mm and 20mm wide.

The bigger your canvas the bigger the brush. You will need separate brushes for oil and acrylic if using both.

1 bigger (30mm to 60mm wide) flat brush for acrylic backgrounds.

Palette knife(s)

4.Support:

Canvas/canvas board. size from 30 cm to 60cm.

The bigger your canvas the more paint you will use.

Bring your old paintings! Old **acrylic** paintings are great to paint over as they already have some interesting textures we can work with. (Unfortunately we will be unable to paint over old **oil** paintings for this workshop.)

5. Other Materials:

- Pencil (soft 2b – 6b)
- Palette
- Rags or kitchen paper
- Jar for water or oil mediums
- Apron
- Odourless solvent and linseed oil (**oil painting only**) Please DO NOT bring any other oil mediums as some participants are allergic to them
- Photographs of flowers you like
- Lunch!

ADDITIONAL INFO:

Paint brands:(this list is not exhaustive)

Please use either Professional or Student Grade materials.

1. Professional grade: Atelier, Matisse, Windsor & Newton, Golden, Artist Spectrum

2. Student grade: A2, Chromacryl, Reeves, Jo sonjas, Winton

3. Cheap and not necessarily nasty: *Please avoid for this workshop as it will be difficult to mix accurate colors.* Poster paint and other brands you can find in “cheap” “two dollar” type shops. These paints will often fade or change color over time, sometimes the pigments are weak or the binder agents (stuff that makes it gooey or run) are a bit weird and hard to deal with.

Brushes:

Acrylic: Do be wary of cheap and nasty as they can leave brush hairs all over your work! I prefer the Roymac Achievers series. The craft section of Bunnings has some good quality reasonably priced brushes (Renoir brand), Brushes for acrylic should feel soft, avoid hog hair stiff brushes as they are for oil paint.

Oil: brushes need to be stiffer than acrylic but not so stiff that they won't apply the paint in a smooth manner. I prefer NAM flat brights.

In general most artists have separate brushes for oils and for acrylic as once used for oil they will be difficult to use for acrylic.